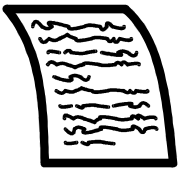




My Information Plan

This plan is for:




NHS No:

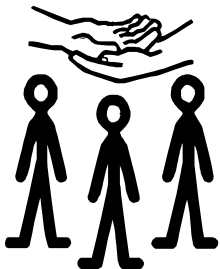


This information is to help you understand what is happening to you.



It will help you decide what you want.

 My Health Key Worker is:	 Telephone number:	 Times they can be contacted:
















Other people supporting me can be found in my Personal Health Profile.

Developed by:
Claire Henley, Sherwood Forest Hospitals Foundation NHS Trust.
Gemma Del Toro, Nottinghamshire Community Health NHS Trust
February 2011

Adapted from: Nottingham City PCT, Information Prescription

My Information Plan

		Information	Date
My Needs		What is Palliative Care?	
		A plan of care	
My Care		What may happen to my body	
		Treatments I may need	
		What to do if I feel very poorly	
		What people can help me	
		Things I may need	
My Future Care		Other places to get support	
		What may happen to me and my body in the future	
		Planning for what may happen	
		My body after I die	

		Information	Date
End of my life		What care I may need at the end of my life	
After my death		Support for my friends, family and carers	

