



A volunteer training programme about **Advance Care Planning**

**Advance care planning** is the process of enabling a person to think about the impact of future illness or disability and express wishes about his or her future care.

### Thinking and planning ahead

- ✓ Is a comprehensive training programme
- ✓ Prepares volunteers to share information about advance care planning in their local communities
- ✓ Uses the principles of 'peer education', which is about people supporting and learning from each other
- ✓ Is a fantastic resource for volunteers and professionals alike

### It contains...

- A facilitator guide for those delivering training
- Clear and detailed session outlines for each module
- Resources and handouts for volunteer educators

### How to access it

The training programme is available **FREE** to download from...

**[www.dyingmatters.org/site/resources](http://www.dyingmatters.org/site/resources)**

**[www.endoflifecareforadults.nhs.uk/education-and-training](http://www.endoflifecareforadults.nhs.uk/education-and-training)**