

## Objectives for Module 4

*Group dynamics*

*Facilitation of groups*

*Communication skills*

At the end of this module, participants will increase knowledge, skills and confidence in facilitating group meetings by:

- Increasing knowledge and understanding of how groups work and how people learn
- Having an opportunity to reflect on their preferred ways of working within groups
- Learning some techniques for dealing with individual behaviours within groups and difficult situations
- Understanding the roles of facilitation and co-facilitation
- Learning about communication skills and active listening
- Planning next steps.