

Objectives for Module 2

At the end of this module, participants will have:

- Reflected on module one
- Gained insight into the diversity of experiences of loss and considered ways of relating to people facing loss or who are bereaved
- Had an opportunity to think about how personal experiences of loss influence response to others
- Considered the importance of identifying sources of support to help sustain the role of volunteer educator
- Learnt some techniques for dealing with stress and anxiety.