



A volunteer training programme about **Advance Care Planning**

### **Are you interested in:**

- planning ahead for how you're cared for in the future? (also known as advance care planning)
- helping others to plan ahead?

**If so, this course may be for you**

### **Who can attend?**

Anyone who has an interest in advance care planning, either professionally or personally

### **Why do the course?**

This course will help you to

- understand what advance care planning is and how to do it
- help others with advance care planning

### **What happens after the training?**

This is up to you. Some people who have done the training before have:

- had discussions with colleagues or people they know
- run an information stand
- put information in local places like libraries or Doctors' surgeries

But it's ok to do the course just to help with your own advance care planning.

### **Where will it take place?**

Location details:

### **When?**

### **Cost**

There is no charge for this course, and your travel expenses may be reimbursed

### **Further information:**